पाटन स्वास्थ्य विज्ञान प्रतिष्ठान, सेवाआयोग प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद, (९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यऋम एवं परीक्षायोजना

यस पाठ्यक्रमयोजनालाई दुई चरणमा विभाजनगरिएको छ : प्रथम चरण :– लिखित परीक्षा(Written Examination) द्वितीय चरण :– अन्तर्वार्ता (Interview)

पूर्णाङ्ग :- २०० पर्णाङ्ग :- ३०

प्रथम चरण (First Phase) :लिखित परीक्षा योजना(Written Examination Scheme)

Panar	Subject		Marks	Full	Pass	No. Questions & Weightage		Time
і арсі				Marks	Marks			Allowed
Ι	General Subject	Part I: Management, General Health Issues, Academic Research and Teaching- Learning Practices	50	100	40	$10 \times 5 = 50$ (Subjective)	1.30 hrs	2.15 hrs
		Part II: Technical Subject (Relevant Subject)	50			$50 \times 1 = 50$ (Objective Multiple Choice) 45	5 min	
II	Technical Subject (Relevant Subject)			100	40	$7 \times 10 = 70$ (Long answer) $2 \times 15 = 30$ (Critical Analysis)		3.00 hrs
द्वितीय चरण(Second Phase)								
	Interview			30		Oral		

द्रष्टव्य :

1. लिखित परीक्षाको माध्यम भाषा नेपाली वा अंग्रेजी अथवा नेपाली र अंग्रेजी द्वै हन सक्नेछ।

- प्रतिष्ठानको प्राज्ञिक सेवा अन्तर्गत समान तहका सबै समूह/ सबै उपसमूहहरुको लागि प्रथमपत्रको Part I पाठ्यक्रमको विषयवस्त् एउटै हनेछ र एकै पटक परीक्षा संचालन हनेछ ।
- 3. प्रथम पत्रको Part II र द्वितीयपत्रको पाठ्यक्रम समूह/उपसमूह अनुरुप फरक फरक हुनेछ ।
- 4. प्रथम पत्रको Part II र द्वितीय पत्रको विषयवस्तु एउँटै समूह रउपसमूहहरुको हकमा समान हुनेछ ।
- 5. प्रथम पत्रको Part II र द्वितीय पत्रको परीक्षा संचालन एकै दिन फरक समयमा हुनेछ ।
- वस्तुगत बहुवैकल्पिक (Multiple Choice) प्रश्नहरुको गलत उत्तर दिएमा प्रत्येक गलत उत्तर बापत २० प्रतिशत अङ्घ कट्टा गरिनेछ । तर उत्तर नदिएमा त्यस बापत अङ्घ दिइने छैन र अङ्घ कट्टा पनि गरिने छैन ।
- 7. वस्तुगत बहुवैकल्पिक हुने परीक्षामा परीक्षार्थीले उत्तर लेख्दा अंग्रेजी ठूलो अक्षर (Capital letter) A,B,C,D मा लेख्नुपर्नेछ । सानो अक्षर (Small letter) a, b, c, d लेखेको वा अन्य कुनै सङ्केत गरेको भए उक्त उत्तर रद्द हुनेछ ।
- 8. बहुवैकल्पिक प्रश्नहरु हुने परीक्षामा कुनै प्रकारको क्याल्कुलेटर (Calculator) प्रयोग गर्न पाइने छैन ।
- 9. विषयगत प्रश्नहरुको हकमा एउटै प्रश्नका दुई वा दुई भन्दा बढी भाग (Two or more parts of a single question) वा एउटा प्रश्न अन्तर्गत दुई वा बढी टिप्पणीहरु (Short notes) सोध्न सकिने छ ।

10. विषयगत प्रश्नमा प्रत्येक पत्र/विषयका प्रत्येक खण्डका लागि छुट्टाछुट्टै उत्तरपुस्तिकाहरु हुनेछन् । परिक्षार्थीले प्रत्येक खण्डका प्रश्नहरुको उत्तर सोही खण्डका उत्तरपुस्तिकामा लेख्नुपर्नेछ ।

- 11. यस पाठ्यकम योजना अन्तर्गतका पत्र/विषयका विषयवस्तुमा जेसुकै लेखिएको भएतापनि पाठ्यक्रममा परेका कानून, ऐन, नियम, विनियम तथा नीतिहरु परीक्षाको मिति भन्दा ३ महिना अगाडि (संशोधन भएका वा संशोधन भई हटाईएका वा थप गरी संशोधन भई) कायम रहेकालाई यस पाठ्कममा परेको सम्भनु पर्दछ ।
- 12. प्रथम चरणको परीक्षाबाट उर्त्तिण भई छनौट भएका उम्मेदवारहरुलाई मात्र द्वितीय चरणको परीक्षामा सम्मिलित गराइनेछ ।
- 13. पाठ्यक्रम लागु मिति : २०८९/१२/०४

प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद,

(९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

Paper I: General Subject

Part I:

(Management, General Health Issues, Academic Research and Teaching-Learning Practices) Section (A) - 20 Marks

1. Management

- 1.1. Health care management system in Nepal and other parts of the world
- 1.2. Fundamental principles of healthcare institution and hospital management.
- 1.3. Effective hospital management principles
- 1.4. Purpose of medical and non-medical data and records
- 1.5. Ethics and responsibility of management
- 1.6. Concept of management and its application in health care including hospital
- 1.7. Management: Concept, principles, functions, scope and role, level and skills of manager
- 1.8. Planning: Concept, principles, nature, types, instruments and steps
- 1.9. Leadership: Concept, function, leadership styles, leadership and management
- 1.10. Coordination: Concept, types, techniques of effective coordination
- 1.11. Communication and counselling: Concept, communication processes and barrier to effective communication, techniques for improving communication
- 1.12. Decision making: Importance, types, rational process of decision making, problem solving techniques, improving decision making
- 1.13. Participative management: Concept, advantage and disadvantage, techniques of participation
- 1.14. Time management: Concept, essential factors and strategies for effective time management
- 1.15. Conflict management: Concept, approaches to conflict, levels of conflict, causes of conflict and strategies for conflict management
- 1.16. Stress management: Concept, causes and sources of stress, techniques of stress management
- 1.17. Change management: Concept, sources of organizational change, resistance to change, management of resistance to change
- 1.18. Appreciative inquiry: Concept, basic principle and management
- 1.19. Human resource management: Concept, functions and different aspects
- 1.20. Health manpower recruitment and development
- 1.21. Financial management: Concept, approaches, budget formulation and implementation, Auditing and topics related to fiscal administration

2. General Health Issues

- 2.1. Present constitution of federal republic of Nepal (including health and welfare issues)
- 2.2. Organizational structure of Ministry of Health at national/federal, regional/state, district (if applicable), municipal and village council level
- 2.3. Professional council and related regulations
- 2.4. National Health Policy
- 2.5. Health Service Act and Regulation
- 2.6. Second Long term health plan
- 2.7. Health Management Information System, forms, indicators, annual reports
- 2.8. Human Development Indices, Sustainable Development Goals
- 2.9. Health volunteers in the national health system, its rationale, use and effectiveness
- 2.10. Local governance and community participation in health service delivery
- 2.11. Health Insurance and financing in health care

प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद, (९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

- 2.12. Alternative health care system: Ayurveda, homeopathy, Unani, Chinese etc.
- 2.13. Indigenous and traditional faith health and health practices
- 2.14. International Health Agencies: Roles and responsibilities of WHO, UNICEF, UNFPA, Inter-agency relationships, Government-agency coordination: Joint Annual Review meeting
- 2.15. Supervision, types and its usage in health sector
- 2.16. Monitoring and evaluation system in health sector
- 2.17. National Health Training Centre
- 2.18. National and International Disaster Plan, Coordination
- 2.19. Patan Academy of Health Sciences Act, Mission, Goals, Organogram
- 2.20. Scope and function of Patan Academy of Health Sciences executive bodies (senate, executive committee, academic council, faculty board, hospital management committee, subject committee), various other committees

Section (B) - 30 Marks

3. Academic Research

4.

- 3.1 Ethics, Bio-ethics and Professionalism
- 3.2 Human dignity and Human Right
- 3.3 Benefit and Harm
- 3.4 Autonomy and Individual responsibility
- 3.5 Consent and capacity to consent
- 3.6 Privacy and confidentiality
- 3.7 Respect for humans and personal integrity
- 3.8 Non-discrimination and non-stigmatization
- 3.9 Respect for cultural diversity and pluralism
- 3.10 National Health Research Council (NHRC) and its guidelines
- 3.11 Research process: ethical research proposal development, research principles, methods and materials, conclusion/recommendation/lesson learnt, commonly used referencing styles
- 3.12 IRB/IRC forms, types, use, importance; getting IRB/IRC clearance
- 3.13 Ethics on research methodology: sample selection, sample size calculation, ensuring reliability and validity of the instruments as well as methods proposed for health research
- 3.14 Quantitative and Qualitative studies
- 3.15 Data analysis (data visualization, descriptive statistics, inferential statistics with statistical hypotheses and appropriate tools/methods for quantitative studies; theme and code generation, thematic analysis, content analysis, grounded theory for qualitative and triangulation for mixed method studies)
- 3.16 Research ethics on vulnerable and non-vulnerable population
- 3.17 Research proposal/protocol/publication:
- 3.18 Publication ethics, plagiarism including self-plagiarism

Teaching-Learning, Assessment and Evaluation

- 4.1 Lancet Commission Report on Education of Health Professionals
- 4.2 Adult learning: Theories, principles, use, importance and outcomes, Adragogyvs. Pedagogy
- 4.3 Conventional teaching-learning: Didactic lectures, Teacher centred approaches, use and importance
- 4.4 Surface learning, deep learning and metacognition
- 4.5 Integrated teaching: Genesis, use, importance and outcomes

प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद, (९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

- 4.6 Problem-based learning: Genesis, use, importance and outcomes
- 4.7 SPICES model its use, importance and outcomes
- 4.8 Socialization, self-directed learning, mentoring, role model
- 4.9 Community orientation/community posting, re-orientation of medical education camp, community based learning and community engaged teaching-learning methods/models, use, importance and outcomes
- 4.10 Outcome Based Education (Competency-based Medical/Health Professions Education): Genesis, use, importance and outcomes
- 4.11 Experiential learning, Reflective practice, Feedback and feed-forward, Situated learning, Co-operative learning, Communities of practice
- 4.12 Assessment of students
 - 4.12.1 Blueprinting(Table and specification) :use, importance and outcomes
 - 4.12.2 Bloom's taxonomy of cognitive, psychomotor and affective domains, use and importance
 - 4.12.3 Diagnostic, Formative, Summative and Professional exams
- 4.13 Assessment of knowledge: Selection methods like Multiple Choice Questions, Extended Matching Items and supply methods like Short Answer Question, Problem Based Question, Long Answer Question with or without model answers and marking schemes, unstructured, semi-structured and structured viva-voce examination, advantages and limitations, use and importance, outcomes and its use in quality control
- 4.14 Assessment of performance (in-vitro): Direct observation of skills in the simulated setting, lab, ward etc. with or without checklist, Objective Structured Practical Examination, Objective Structured Clinical Examination, Standardized patients, use and importance, analysis, quality assurance, outcomes and its use in quality control
- 4.15 Assessment of performance (in-vivo): Mini-Clinical Evaluation Exercise (Mini-CEX), Direct Observation of Procedural Skills (DOPS), Case-Based Discussion (CbD), OSATS/ PBA, Multi-Source feedback (360 degree evaluation) use and importance for competency based health professions education, analysis, quality assurance, outcomes and its use in quality control
- 4.16 Assessment of observable behaviours in small groups e.g. Problem Based Learning sessions, Community Based Learning and Education sessions, Clinical clerkship rotations
- 4.17 Evaluation: Difference between assessment and evaluation, theory of change and its use in health professions education, process and outcome evaluation, qualitative, quantitative and mixed methods used in evaluation of health professions education

Paper I Part II: Technical Subject Section (C) - 25 Marks INTERNAL MEDICINE

1. Anatomy

1.1 Neuro-Anatomy

- 1.1.1 Neuron and its structure
- 1.1.2 Supportive cell type structure, cellular and myelin sheaths
- 1.1.3 Synapsis, neuro-effective junctions and receptors

प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद, (९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

- 1.1.4 Cerebrum: morphology, cerebral cortex, cortical neurons, cortical layers
- 1.1.5 Motorsystem: structure, corticospinal, rubrospinal, vestibulospinal and reticulospinal tracts
- 1.1.6 Basalganglia: structure
- 1.1.7 Cerebellum: morphology, cellular structure and organization
- 1.1.8 Brainstem: general organization
- 1.1.9 Spinal cord and ganglia: morphology, motor and sensory organization in the spinal cord

1.2 Anatomy of neuro-muscular system

- 1.2.1 LMN, structuring of voluntary muscles, motor units, types of muscle fibres
- 1.2.2 Muscle spindles and other muscles & tendon receptors
- 1.2.3 Sensory system
- 1.2.4 Reflex pathways: involving cranial nerves, and limb and trunk
- 1.2.5 Cranial nerves and special senses: pathways and structure of special sense organs
- 1.2.6 Anatomy of ventricular system and CSF production
- 1.2.7 Anatomy of meninges
- 1.2.8 Autonomic nervous system
- 1.2.9 Arterial and venous cerebral circulation
- 1.2.10 Blood brain barrier

1.3 **Pulmonology**

- 1.3.1 Gross anatomy of upper and lower respiratory tracts, lungs with lobes and fissures with surface marking
- 1.3.2 Concept of bronchopulmonary segments and lobule or acinus aerated by aterminal bronchiole
- 1.3.3 Histology of alveolar lining cells
- 1.3.4 Pulmonary vascular bed
- 1.3.5 Pleura and pleural space, functions and histology
- 1.3.6 Media stinum and their structures
- 1.3.7 Thoracic cage and primary and secondary muscles of respiration
- 1.3.8 Thediaphragm its attachments, nerve supply and function
- 1.3.9 Lymphatic drainage of lungs and pleura
- 1.3.10 Innervation of the lungs
- 1.3.11 Thoracic receptors

1.4 Cardiovascular system

- 1.4.1 Gross anatomy of the heart and circulatory system
- 1.4.2 Histology of the cardiac muscles
- 1.4.3 Embryology of the heart and circulation
- 1.4.4 Coronary and pulmonary circulation

1.5 Gastrointestinal tract

- 1.5.1 Gross anatomy of the gastrointestinal tract at different levels
- 1.5.2 Gross anatomy of the hepatobiliary system and pancreas
- 1.5.3 Histological aspects of GI tract at different levels
- 1.5.4 Blood supply and development aspects of GI tract and hepatobiliary system

प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद,

(९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

1.6 Kidney and urinary tract

- 1.6.1 Gross anatomy of the kidney and urinary tract
- 1.6.2 Structure of nephron and function at different level
- 1.6.3 Development of kidney and urinary tract
- 1.6.4 Renal circulation

1.7 Endocrinal organs

- 1.7.1 Gross anatomy of different endocrinal organs and their development
- 1.7.2 Histology of different endocrinal organs

2. **Physiology**

- 2.1 Homeostatic behaviors of different fluid compartment in the body and implications during common clinical situations of burn, blood loss, diarrhea, vomiting, etc.
- 2.2 Role of pH in normal and in abnormal conditions e.g., diarrhea, vomiting, airway obstruction, medication, etc
- 2.3 Functions of micro/macro molecular, organelles and other structures of the cell
- 2.4 Nutritional requirements of normal people (different ages, male, female) and ill patients of all categories with their modality of supplement
- 2.5 Mechanisms of metabolic response to trauma and infection
- 2.6 Function of hemopoietic /R.E.system
- 2.7 Blood groups, methods of transfusion of blood & blood products & their hazards
- 2.8 Mechanism of haemostais, fibrinolysis & methods to control haemorrhage
- 2.9 Types of excitable tissues and methods of recording their activity e.g., EMG, EEG, ECG, etc
- 2.10 Cellular communication, chemical/neuronal/ electrical/synaptic transmission
- 2.11 Autonomic nervous system
- 2.12 Neuro transmitters, their synthesis and metabolism
- 2.13 Drugs affecting neurotransmitter activity
- 2.14 Cardiac and smooth muscles
- 2.15 Calcium metabolism
- 2.16 Pain and the mechanism of pain
- 2.17 Physiology of consciousness and sleep mechanism
- 2.18 Effect of injury to neurons
- 2.19 Different methods of monitoring of the heart functions
- 2.20 Drugs used for inotropic & chronotropic effects
- 2.21 Mechanism of blood pressure regulation
- 2.22 Physiology of circulation of different organ in the body
- 2.23 Pathophysiology of shock and principle of their management
- 2.24 Capillary exchange
- 2.25 Assess vascular functions
- 2.26 Respiration & cause of breathlessness
- 2.27 Measure blood flow
- 2.28 Measure/ assess blood gas
- 2.29 Mechanism of respiratory control
- 2.30 Mechanism of transport
- 2.31 Use of oxygen as therapy
- 2.32 Mechanism of absorption from gut and physiology of gastrointestinal motility
- 2.33 Composition of GI and hepatobiliary secretions and methods for their assessment

प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद, (९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

- 2.34 Normal functions of the liver
- 2.35 Formation of urine
- 2.36 Mechanism of osmoregulation
- 2.37 Normal thermoregulation
- 2.38 Mechanism of hormone synthesis, secretion, metabolism

3. Pathology

- 3.1 Concept of cell injury, different types of degeneration & trauma
- 3.2 Principles of inflammation and the results of various types of inflammation
- 3.3 Acute and chronic inflammation
- 3.4 Tissue regeneration, wound healing and healing process
- 3.5 Various types of disorder of growth
- 3.6 Principles of neoplasia
- 3.7 Benign and malignant tumor
- 3.8 Mechanism of thrombosis, and embolism and their effects
- 3.9 Ischemia & infarction
- 3.10 Mechanism of blood clotting and different types of bleeding disorders
- 3.11 Principle of blood grouping system & complications of blood transfusion
- 3.12 Principle of shock
- 3.13 Principle of genetics and apply its concept in hereditary diseases
- 3.14 Principle of immune response
- 3.15 Humoral and cell mediated immunity
- 3.16 Principle of organ transplantation and causes of its rejection
- 3.17 Principle of Host Parasite relationship
- 3.18 Different types of micro-organism (Bacteria, Fungus, Parasite, and Virus)
- 3.19 Pathogenic and non-pathogenicmicro-organisms
- 3.20 Principle of asepsis & antisepsis, sterilization and disinfection
- 3.21 Principle of antibiotic and chemotherapy
- 3.22 Microbes that cause wound infection
- 3.23 Principle of Hospital infection (Nosocomial infection)

4. Clinical Pharmacology

4.1

General clinical pharmacology

- 4.1.1 Pharmacokinetics, pharmacodynamics, adverse drug reactions, drug interactions, drug use in childhood, pregnancy, lactation, and old age
- 4.1.2 Clinical trials
- 4.1.3 Rational drug use

4.2 Neurosensory and musculoskeletal systems

- 4.2.1 Parasympathomimetics and parasympatholytics, adrenergic and antiadrenergic drugs, narcotic and non-narcoticanalgesics, non-steroidalanti-inflammatory drugs, alcohol, sedative/hypnotics, anti-parkinsonism drugs, anesthetics (general and local), appetite suppressants
- 4.2.2 Drugs for psychiatric disorder, gout and rheumatoid arthritis, vertigo, and eye, ENT, and skin diseases
- 4.3 Cardiovascular system

प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद, (९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

- 4.3.1 Drugs for the treatment of heart failure, cardiac arrhythmias, angina pectoris, hypertension, shock, thromboembolic disorders, myocardial infarction, anemia
- 4.3.2 Hemostatics, anti-coagulants, and lipid-lowering drugs

4.4 Gastrointestinal system

- 4.4.1 Drugs for peptic ulcer, diarrhoea, constipation
- 4.4.2 Antispasmodics, antiemetics

4.5 **Respiratory system**

- 4.5.1 Drugs for bronchial asthma
- 4.5.2 Antihistamines and other antiallergic agents
- 4.5.3 Cough preparation, nasal decongestants, and respiratory stimulants

4.6 **Reproductive/Endocrine systems**

- 4.6.1 Anti-diabetics, thyroid and anti-thyroid drugs, corticosteroids, sex hormones and antagonists, hypothalamic and pituitary hormones
- 4.6.2 Drugs used in labor and puerperium

4.7 Renal/Electrolyte system

4.7.1 Drugs for edema, and fluid/electrolyte and acid/base disturbances

4.8 Infections

- 4.8.1 General principle of chemotherapy
- 4.8.2 Antibacterial, antiprotozoal, anthelminthic, antifungal, and antiviral drugs

4.9 Miscellaneous drugs

- 4.9.1 Drugs for malignant diseases and immunosuppression
- 4.9.2 Vaccines
- 4.9.3 Vitamins and minerals
- 4.9.4 Antidotes

5. Recent Advances in Internal Medicine and Emergencies

- 5.1 Recent advances in all disciplines of Internal Medicine
- 5.2 Cardiovascular emergencies: Cardiac arrest, Acute MI, Cariogenic shock, Cardiacarrhythmias, Pulmonary edema, Hypertensive crisis, Acute cardiac tamponade, DVT & pulmonary embolism
- 5.3 Respiratory emergencies: Hemoptysis, Acute respiratory failure, Pneumothorax, Statusasthmaticus, ARDS
- 5.4 Gastrointestinal emergencies: G.I. bleeding, Acute gastroenteritis and food poisoning, Acute pancreatitis, Hepatic failure, Acute abdomen
- 5.5 Neurological emergencies: CVA including SAH, Hypertensive encephalopathy, Meningitis, Encephalitis, Unconscious patient, Status epilepticus, Myastheniagravis
- 5.6 Endocrine and metabolic emergencies: DKA and coma, Hypoglycemia, Hyperosmolar non ketotic diabetic coma, Thyroid crisis, Myxoedema coma, Pheochromocytoma, Acuteadrenocorticalcrisis, Hypopituitarism
- 5.7 Hematological emergencies: Aplastic anaemia, Agranulocytosis, Acutethromocythpenicpurpur, Leukemia, Hemophiliaandallieddisorders
- 5.8 Renal emergencies: Renalcolic, Renalfailure, Hematuria
- 5.9 Miscellaneous emergencies:
 - 5.9.1 Emergencies in fluid and electrolyte balance
 - 5.9.2 Acute emergencies in infectious and tropical disease
 - 5.9.3 Malaria
 - 5.9.4 Septicemia
 - 5.9.5 Tetanus
 - 5.9.6 Snakebite

प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद, (९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठयक्रम

- 5.9.7 Dog bite & rabies
- 5.9.8 Poisonings
- 5.9.9 Drowning
- 5.9.10 Electrocution
- 5.9.11 High altitude sickness

Section (D) - 25 Marks Endocrinology

- 1. Principles of Endocrinology
- 2. Genetic control of peptide hormone formation
- 3. Mechanism of Hormones
- 4. Laboratory techniques for recognition of endocrine disorders
- 5. Hypothalamus and pituitary
 - a. Neuroendocrinology
 - b. Pituitary physiology and diagnostic evaluation
 - c. Pituitary masses and tumors
 - d. Posterior pituitary
- 6. Thyroid
 - a. Thyroid physiology and diagnostic evaluation of patients with thyroid disorders
 - b. Thyrotoxicosis
 - c. Hypothyroidism and thyroiditis
 - d. Nontoxic diffuse and nodular goiter and thyroid neoplasia
- 7. Adrenal cortex and endocrine hypertension
- 8. Reproduction
 - a. Physiology and pathology of the female reproductive axis
 - b. Hormonal contraception
 - c. Testicular disorders
 - d. Sexual dysfunction in male and female
- 9. Endocrinology and lifespan
 - a. Endocrine changes in pregnancy
 - b. Endocrinology of foetal development
 - c. Disorders of sex development
 - d. Normal and aberrant growth
 - e. Puberty: ontology, neuroendocrinology, physiology, and disorders
 - f. Hormones and athletic performance
 - g. Endocrinology of aging
- 10. Mineral metabolism
 - a. Hormones and disorders of mineral metabolism
 - b. Metabolic bone disease
 - c. Kidney stones
- 11. Disorders of carbohydrate metabolism
 - a. Type 2 diabetes mellitus
 - b. Type 1 diabetes mellitus
 - c. Complications of diabetes mellitus
 - d. Hypoglycaemia
- 12. Body fat and lipid metabolism
 - a. Neuroendocrine control of energy stores
 - b. Obesity
 - c. Disorders of lipid metabolism
 - d. Endocrinology of HIV/AIDS
 - e. Gastrointestinal hormones and gut endocrine tumors

प्राज्ञिक सेवा, ईन्टर्नल मेडिसिन समूह, Endocrinology उपसमूह, सहायक प्राध्यापक पद,

(९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यकम

13. Polyendocrine and neoplastic disorders

- a. Pathogenesis of endocrine tumors
- b. Multiple endocrine neoplasia
- c. Immunoendocrinopathy syndromes
- d. Endocrine management of cancer survivor
- e. Neuroendocrine gastrointestinal and lung tumors, carcinoid syndrome, and related disorders 14. Endocrine Emergencies

10