प्राज्ञिक सेवा, दन्त चिकित्सा समूह, Orthodontic उपसमूह, सहायकप्राध्यापक पद,

(९ख) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

Paper II: Technical Subject

Section (A) - 45 Marks (1 critical analysis Q -15 mark + 3 long Q- 30 marks) Orthodontic

1. Introdu	1. Introduction and History of Orthodontics:			
	Introduce and define Orthodontics.			
	Enumerate and explain aims and objectives of Orthodontics.			
	Discuss different branches of Orthodontics.			
	Discuss history and evolution of Orthodontics from ancient civilization till date.			
2 0 4				
2. Growth	and development:			
	Explain basic concept of embryology.			
	Explain basic principles of growth -			
	Introduce and define common terminologies used in growth and development.			
	Define and explain features of normal growth and development.			
	Understand methods of studying physical growth.			
	Classify, enumerate, and explain factors affecting growth and development.			
	Enumerate and explain different growth theories.			
	Enumerate and explain types of bone, sutures, synchondroses, and concept of bone growth.			
	Discuss the growth and development of different parts of craniofacial structures and its clinical			
	implication in orthodontics i.e.			
	Explain Pre- and post-natal growth and development of skull.			
	Explain Pre- and Post- natal growth and development of face, eye, ear and facial muscles.			
	Explain Pre- and Post- natal growth and development of Naso -maxillary complex.			
	Explain Pre- and Post- natal growth and development of mandible.			
	Explain Pre- and Post- natal growth and development of oral structures, palate, tongue,			
	salivary glands, TMJ and MS of Mastication.			
	Role of condyle in the growth of mandible.			
	Understand development of dentition before and after birth			
	Explain the different stages of tooth development, development of supporting structures and			
	mechanism of tooth eruption.			
	Explain development of dentition from birth to adulthood.			
	Become familiar with the normal and abnormal psychosocial development of an individual and its			
	clinical implication in relation to orthodontics i.e.			
	Explain how different behaviors are learned and developed.			
	Explain stages of emotional and cognitive development.			
	Understand the adolescent patient as compared to adult patient and define the role of			
	orthodontist in handling them.			
	Understand the role of psychology in development of deleterious habits.			
	Understand the social psychology of Orthodontics.			
	Explain the Psychological outcomes of orthodontic treatment.			
	Manage physically and mentally compromised child for orthodontic treatment.			
	Understand the psychology of abused children to treat them.			
3 Occlus	ion in Orthodontics:			
J. Occius	Introduce and define common terminologies used in occlusion.			
	Enumerate and explain the components of Masticatory System.			
	Explain mandibular movements and neuromuscular control of TMJ movements.			
	•			
	Explain the components of Functional Occlusion. Describe and record different types of Mandibular maximum.			
	Describe and record different types of Mandibular movements.			
	Examine different muscles of mastication.			
	Identify and use different types of articulators, record centric occlusion, perform face bow transfer			
	and perform occlusal analysis and occlusal grinding.			

4. Classit	ication, Etiology and Epidemiology of Malocclusion:
	Define malocclusion, and identify skeletal as well as dental malocclusion i.e.
	Define, identify and explain need for classification of malocclusion.
	Define common terminologies used in malocclusion.
	Define, classify and identify skeletal malocclusion in all planes.
	Enumerate and define different classification of dental malocclusion.
	Explain Ackerman-Proffit Classification.
	Understand different etiological factors responsible for causing malocclusion i.e.
	Enumerate different types of classification of malocclusion.
	Enumerate Graber's classification of etiology of malocclusion.
	Enumerate and explain local causes of malocclusion.
	Enumerate and explain Systemic causes of malocclusion.
	Understand epidemiology of malocclusion i.e.
	Describe epidemiology of malocclusion.
	Explain indices for orthodontic treatment need.
	Evaluate demand for orthodontic treatment.
5 Orthod	lontic Diagnosis and Treatment Planning:
	Classify essential and non-essential diagnostic aids.
	Take detailed case history of an orthodontic patient.
	Perform extra-oral, intra-oral and functional examination of the orthodontic patients.
	Make an ideal study model and use them for diagnostic purpose i.e.
	Understand and fabricate study models.
	Perform different types of model analysis in children and adult patients.
	Use IOPA, Bite wing and OPG x-rays for Orthodontic purposes.
	Take extra- and intra- oral photographs for orthodontic purposes and analyze them.
	Explain the Principles of Form.
	Understand the facial analysis methods.
	Understand the 'Facial Points of Interest''.
	Undertake Basic Facial Analysis.
	Undertake Basic Factal Analysis. Undertake analysis of Forehead, Eyebrows, and Eyes.
	Perform Nasal Analysis.
	Perform Lips, Teeth, Chin, and Smile Analysis.
	Understand and perform analysis of dentofacial deformities cases.
	Understand about different aspects of aging face.
	Understand the role of orthodontic rehabilitation for aesthetic purposes in different
	conditions.
	Use Cephalometry for diagnosis and treatment planning of Orthodontic Cases i.e.
	Define, understand and take cephalometric radiographs.
	Identify points, planes and angles.
	Trace all important anatomical landmarks.
	Carry out contemporary analyses.
	Perform Visualizing Treatment Objectives.
	Predict Growth.
	Understand other supplemental diagnostic aids and use them when necessary
	Enumerate specialized radiographs for orthodontic purpose.
	Explain Occlusograms.
	Understand EMG and use it for research purpose.
	Understand CT.
	Basic knowledge of MRI.
	Explain the role of endocrinology, BMR, Sensitivity tests and Biopsy in Orthodontics.
	Understand and use recent advances in Cephalometry i.e.

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	Enumerate and explain recent advances in Cephalometry.
	Use computer aided cephalometric tracing programs.
	Analyze the data and develop problem list.
	Develop a comprehensive treatment plan for the patient including mechanotherapy i.e.
	Understand treatment planning concepts and goals.
	Plan Treatment for Moderate Problems.
	Plan Comprehensive Orthodontic Treatment.
	Understand common mistakes and sources of error in treatment planning.
6.	Orthodontic Materials and Their Uses:
	Understand general principles of orthodontic materials
	Explain the evolution of orthodontic biomaterials to date.
	Explain basic physical and chemical properties of orthodontic materials.
	Understand the different mechanical testing methods for orthodontic materials.
	Enumerate and explain common techniques for study of orthodontic materials.
	Classify orthodontic materials.
	Familiar with different types of orthodontic wires and their uses
	Introduce what orthodontic wires are, their types and uses.
	Explain the physical properties of wire.
	Explain evolution and types of orthodontic arch wires and their comparative properties.
Ш	Differentiate between programmed and non-programmed orthodontic brackets, and enumerate and explain
	different types of contemporary bracket systems.
	Familiar with elastics and elastomers used in orthodontics.
	Familiar with different types of impression materials used in orthodontics i.e.
	Classify impression materials and explain their properties.
	Understand different techniques and art of taking orthodontic impression clinically.
	Familiar with different types of materials used to construct orthodontic study models
	Plaster of Paris. Hard Plaster.
	Familiar with different types of orthodontic adhesives and cements and their uses
	Explain different types of Adhesive resins and composites, their properties and their uses.
	Explain and use different cements in orthodontics.
	Enumerate and use different types of Separators used in orthodontics.
	Apply different types and techniques of Banding.
	Ready to start bonding and deboning procedures clinically
	Etch enamel.
	Have sound knowledge of bonding.
	Bond brackets to non conventional surfaces.
	Debond brackets effectively and clean and remove adhesives properly.
	Make different kinds of bends, shapes arch forms in different wires
	Introduce wire bending and its importance.
	Commonly used pliers, instruments, and material.
	Manipulate wire for different purposes in orthodontic mechanics.
	Enumerate different types of Arch forms.
	Make 1st order bends.
	Make 2nd order bends.
	Make 3rd order bends.
	Explain and perform heat treatment and annealing.
	Explain clinical indications of loops.
	Do soldering and welding for orthodontic purposes
	Define and explain dental solders, flux, anti-flux, types of soldering and application in orthodontics.
	Explain principles of Welding and apply them clinically.
	Identify the harmful effects of orthodontic materials, take necessary precautions to avoid them and manage

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	those effects when they occur.
	Understand and explain principles of biocompatibility and measure them.
	Familiar with allergic reactions produced by orthodontic materials, and recognize, prevent and
	manage them when encountered.
	Recognize effects of microbial flora changes during orthodontic treatment and to prevent and
	manage them.
7	. Biomechanics :
	Understand and apply forces in a tooth or group of teeth to produce desired movement
	Introduce principles of bioengineering and biophysics, orthodontic force system, and sign
	conventions.
	deflection rate.
	Understand types of tooth movements.
	Identify of center of rotation according to type of tooth movement.
Ē	
	and the first of the first terms
F	Make and use Nance palatal button (NPB).
	Understand the changes brought about by the application of forces and be able to use physiological force
	system in order to achieve orthodontic treatment goal
	Outline the Theory of equilibrium.
	Be familiar with Metabolism of bone – basis of tooth movement.
	Be familiar with Phases of tooth movement.
F	Describe different theories of tooth movement.
	Explain Tissues reaction to different kinds of tooth movements.
	Mention effects of force distribution and types of tooth movements.
	State the effects of force duration and force decay.
Ē	
	Explain effects of Drugs on tooth movement.
	Recognize the reaction produced by any applied force and plan anchorage system accurately
F	Define anchorage, state Newton's third law, and explain goals of anchorage planning.
	Enumerate and describe sources of anchorage.
	Define anchorage values of individual teeth.
Ē	Classify anchorage.
	Appreciate significance of anchor loss.
	Explain types of anchorage planning.
	Supplement anchorage.
	Control anchorage in three planes of space.
Ä	Explain Tweed's Anchorage preparation.
	Explain Begg's Anchorage preparation.
	Select and use mini implants as anchorage devices
	Introduce, define and discuss historical evolution of Temporary Anchorage Device (TAD).
	Enumerate indications for the use of TAD and select the patient.
	Define Criteria for ideal TAD.
	Describe advantages and failure rate of TAD.
	Describe different designs of TAD.
	Place TAD in a patient.
	Trace TAD in a panent.

8.	Preventive Orthodontics:
	Define preventive orthodontics.
	Enumerate and explain common techniques for preventive orthodontic measures.
	Explain principles and undertake the process of parent counseling.
	Explain principles, need and measure for Space maintenance.
	Explain clinical indications for deciduous teeth management on eruption and exfoliation.
	Explain and undertake treatment of treatment of locked teeth.
	Explain the clinical implications of frenal attachment in orthodontics.
	Define habit.
	Classify abnormal oral musculature and enumerate related habits.
	Explain the process of oral physiological maturation.
	Explain the process of development of habit. Explain the forms of digit sucking and its effect on the
	orofacial structures and its management.
	Enumerate the theories of digit sucking.
	Classify the digit sucking.
	Highlight the clinical aspect and effect of digit sucking.
	Make diagnosis and develop treatment planning.
	Define and understand the normal swallowing process and its physiology.
	Classify the tongue thrusting habit and understand the etiological factors.
	Diagnose the deviation from normality and its effect on the orofacial structures and its management.
	Define and explain the forms of mouth breathing and understand the normal physiological process of
	breathing.
	Mention the forms and etiological aspect of mouth breathing.
	Describe the effects of mouth breathing on the orofacial structures and its management.
	Explain the neurophysiology and causes of night grinding.
	Relate the effect of night grinding on the orofacial structures and its management.
	Explain the forms of lip habits and its effect on the orofacial structures and its management.
	Enumerate and explain other forms of abnormal habits and its effect on the orofacial structures and its
	management
9.	Interceptive Orthodontics:
	Define of interceptive orthodontics.
	Enumerate and explain different types of Interceptive orthodontic measures.
	Use different methods to calculate the space required and techniques of Space regaining, Correction of cross
	bites, Habit elimination
	Recognize effects of abnormal muscle activity and its prevention and interception through muscle
	exercises
	Removal of hard and soft tissue impediments
	Explain principles of resolution of crowding
	Describe indications and contra-indications of serial extraction
	Intercept developing malocclusion with myofunctional appliances
10). Principles of Class I Treatment:
10	Introduce Class I malocclusion at different ages and the reason for treatment.
	Execute the complex non skeletal planning for the treatment of class I malocclusion during
	preadolescent age.
	Manage sagittal occlusal problems on Class I malocclusion during preadolescent age.
	Manage vertical occlusal problems on Class I malocclusion during preadolescent age.
	Manage transverse occlusal problems on Class I malocclusion during preadolescent age.
	Manage habits associated with Class I Malocclusion.
	Explain the general characteristics of adolescent malocclusion, advantages of adolescent treatment,
	and difficulties in adolescent treatment.
	WITH WILLIAMINAD III MACIADAAIN MAMMITAIN

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☐ Enumerate and explain the goals and principles of adjunctive treatment.

☐ Diagnose and plan treatment for adult patients.

☐ Perform common adjunctive procedures.

☐ Explain special considerations in different aspects of adult orthodontics.

☐ Understand the reasons for seeking comprehensive orthodontic treatment by adults.

14. Removable Appliance:

☐ Introduce orthodontic appliances.

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Classify ortho	idontic appliances			
 □ Classify orthodontic appliances. □ Explain advantages of removable appliances. 				
 □ Explain advantages of removable appliances. □ Understand clearly the limitations of removable orthodontic appliances. 				
☐ Understand clearly the limitations of removable orthodontic appliances. ☐ Explain mechanical principles involved in designing orthodontic appliances.				
	us parts of removable appliances.			
•	rent pliers used in removable orthodontic treatment.			
•	rent types of clasps.			
☐ Understand, d	lesign and use different types of clasps.			
☐ Enumerate ide	eal requirements of a spring.			
☐ Explain basic	properties of spring.			
•	lesign and use different types of springs.			
☐ Design and m				
-	ert and use different removable appliances.			
	principles of slow expansion.			
_ Describe the p	Therpies of slow expansion.			
	λ 9 '			
15. Principles	of functional and Orthopaedic Orthodontics: Fixed Functional Appliances			
	luce the functional appliances.			
	e and explain the evolution of functional orthodontic appliances.			
	in the scientific concepts and validation of functional appliances.			
	in the principles and mode of action of functional appliances.			
	1 1			
	y different techniques and art of taking orthodontic impression clinically cephalometric			
	diagnosis and functional analysis for functional appliance therapy.			
	ify and enumerate functional appliances.			
	ribe Vestibular screen in detail.			
Desci	ribe Lip shields in detail.			
Descr	ribe Tongue crib in detail.			
□ Expla	in the development, action and types of activators (original and variations).			
	in the development, action and types of Bionators (original and variations).			
	in the development, action and types of Functional regulator or corrector.			
_	bined Functional Appliances/Headgear.			
	rstand the development, action and types of Twin block.			
	ass and use fixed functional appliances.			
_	in Magnetic functional system.			
	ombined extra oral and functional appliances.			
	naxillary retraction and intrusion splints.			
	in Mara.			
Advo	cate role of functional appliances in contemporary orthodontics.			
16 Ein 10 d				
	dontic Treatment:			
	in Begg Philosophy.			
	ss Edgwise appliances.			
	in Bioprogressive Therapy.			
Expla	in Alexander Discipline.			
Discu	ss Andrews Straightwire philosophy.			
	rentiate between Roth and Andrews's prescription.			
	ay proficiency in Roth philosophy and treatment mechanics.			
	ay proficiency in treatment philosophy and treatment mechanics of MBT System.			
	as the treatment philosophy and mechanics of Tip edge Technique.			
Discu	ss the treatment philosophy and technique of Lingual Orthodontics.			
17. Surgical Ort	hodontics:			
	in need and controversies related to extraction.			
_	herate the indications for extraction.			

Explain and execute different types of extraction procedures in orthodontics.
Enumerate and explain the indications and contraindications for the extraction of different groups of
teeth.
Introduce the concept of growth modifications and orthognathic surgeries.
Explain the potentials of growth modifications and orthognathic surgeries.
Learn the limitations of growth modifications and orthognathic surgeries with respect to constitution of a patient.
Explain the hazards and limitations of treatment combining orthodontics and orthognathic surgery.
Introduce and enumerate indications and contraindications of Distraction Osteogenesis (DO).
Apply Virshow law in DO.
Discuss the different types of distracters available for Orthodontic treatment.
Explain dentofacial deformities and facial aesthetics.
Classify dentoskeletal deformities with respect to normal occlusion and malocclusion in three
planes.
Describe the facial esthetics.
Enumerate the indications of orthognathic surgeries.
Enumerate the contra-indications of orthognathic surgeries.
List the indications of orthognathic surgeries in borderline cases.
Undertake the procedure of clinical examination in dentofacial deformity cases.
Undertake different diagnostic procedures in dentofacial deformity cases.
Outline the history of first stages of development of orthognathic surgical techniques.
Outline the history of second stages of development of orthognathic surgical techniques.
Outline the history of third stages of development of orthognathic surgical techniques (Continuing
progress).
Explain different types of mandibular osteotomies.
Explain different types of maxillary osteotomies.
Enumerate indications and contraindications of orthognathic surgeries and surgical procedures in
class II dentoskeletal deformities.
Prepare Class II patients for Orthognathic surgery.
Undertake Orthodontic preparation for the surgery.
Enumerate types of corrective surgical procedures.
Enumerate indications and contraindications of orthognathic surgeries and surgical procedures in
class III dentoskeletal deformities.
Prepare Class III patients for Orthognathic surgery.
Explain different types of corrective surgical procedures.
Classify the asymmetries. Enumerate indications and contraindications of orthognathic surgeries
and surgical procedures in asymmetries.
Undertake Orthodontic preparation of asymmetries for the surgery.
Enumerate and understand types of corrective surgical procedures in asymmetries.
Classify and enumerate vertical skeletal deformities (excess and deficiency) in maxilla and mandible.
Familiar with indications and contraindications of orthognathic surgeries and surgical procedures in
vertical skeletal deformities.
Prepare from orthodontic point of view for the surgery.
Enumerate and understand types of corrective surgical procedures used in vertical skeletal deformities.
Classify and enumerate transverse skeletal deformities (excess and deficiency) in maxilla and mandible.
Understand and enumerate indications and contraindications of orthogonathic surgeries and surgical
procedures in vertical skeletal deformities. Undertake Orthodontic preparation for the surgery.
Enumerate and understand types of corrective surgical procedures used in transverse skeletal
deformities.
determines.

18. Ger	netics and Orthodontics:
	Introduce genetics, heredity and other common terminologies used in genetics.
	Explain development of Genetics.
	Describe different parts of Cell.
	Describe the structure and function of RNA and protein synthesis.
	Describe normal structure and types of chromosomes.
	Enumerate and explain chromosomal aberrations.
	Explain different types of Cell division.
	Describe structure of DNA.
	Define gene and discuss different types of genes.
	Explain role of Homeobox genes.
	Define and discuss Mutation.
	Discuss laws and modes of Inheritance.
	Explain role of Molecular genetics in oral and craniofacial dysmorphology.
	Recognize role of Heritability in malocclusion.
	Define role of Twin studies in understanding role of genetics in malocclusion.
	Discuss clinical implications of Genetics.
	Define Recent Advances in genetics.
19. Cra	niofacial Anomalies (CFA):
	Introduce CFA. Classify and explain different causes of CFA.
	Define different terminologies used in craniofacial anomalies.
	Classify CFA.
	Use prenatal and postnatal diagnostic guidelines.
	Outline the composition of Craniofacial Team.
	Introduce craniosynostosis.
	Classify and explain clinical features of different craniosynostosis.
	Explain modalities of treatment of craniofacial anomalies.
	Introduce facial clefts.
	Classify facial clefts.
	Define, diagnose and develop treatment planning for different types of facial clefts.
20 Cla	ft lip and Palate (CLP) and the role of Orthodontist:
20. CIE.	Introduce CLP.
	Explain how CLP develops.
	Explain factors involved in development of CLP.
	Explain Genetic risk and perform genetic counseling.
	Classify CLP.
	Explain the problems of CLP patients.
	Explain the Features of CLP.
	Diagnose CLP cases involving different specialties.
	Fulfill the role of orthodontist as a member of CLP team.
	Carry out Orthodontic Treatment of CLP patient as well as prepare for surgical management of CLF
	patients.
	Discuss speech defects in CLP patients and manage them with the help of related service providers
	i.e.
	Discuss milestones of Speech and Language development.
	Discuss acquisition of Speech sounds.
	Describe normal Velopharyngeal (VP) function.
	Describe Velopharyngeal muscles.
	Explain pattern of VP closures in normal speakers.
	Discuss various VP dysfunctions.
	Discuss perceptual evaluation of VP dysfunction.

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	Enumerate different ways of evaluating VP dysfunction.
	Enumerate different methods of treatment of VP dysfunction.
	Explain hearing impairment in CLP patients.
	Discuss speech or communication problem in CLP patients.
	Describe articulation and articulatory errors in CLP patients.
	Explain resonance and hypernasality.
	Discuss voice and errors associated with voice in CLP patients.
	Explain fluency of speech.
	Describe speech intelligibility.
	Decide when to start speech therapy in CLP patients.
21 Deleterieus E	ffects of Orthodontic Treatment:
☐ Define deleterio	
☐ Classify deleter	
	nage the damages occurring in crown.
	nage the damages occurring in root.
	nage pulp damage
	nage periodontal damages.
	nage damage to TMJ.
	nage Headgear induced damage.
	nage allergy incidence.
☐ Prevent and ma	
☐ Prevent bacteria	
☐ Understand and	I manage cross infection.
	X
22. Retention and	Relanse
	ice retention and relapse.
	n different schools of thought on retention.
	rate and explain Riedel's Theorem.
	rate and explain William's Keys to lower retention.
	be occlusal changes related to growth.
	tention, and control and manage relapse.
	n Proffit's recommendation for retention.
_	
•	y retainers.
	y and deliver temporary retainers.
	y and deliver permanent retainers.
Classif	y and deliver active retainers.
23. Periodontal co	onsiderations in Orthodontics:
	ferent periodontal lesions and conditions affecting the orthodontic therapy.
	active role of periodontal therapy for Orthodontic treatment.
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Following pattern will be used for formation of paper I & II as far as possible.

Paper I				
Dowt	Section	Weightage	No. Questions & Weightage	
Part			Objective Multiple Choice	Subjective
Ţ	A	20		2 Questions x 10 Mark = 20
1	В	30		3 Questions x 10 Mark = 30
II	С	25	25 Questions x 1 Mark = 25	
11	D	25	25 Questions x 1 Mark = 25	

Paper II			
Section	Weightage	No. Questions & Weightage	
Section		Long answer	Critical Analysis
A	45	3 Questions x 10 Mark = 30	1 Questions x 15 Mark = 15
В	55	4 Questions \times 10 Mark = 40	1 Questions x 15 Mark = 15

--- The end ---