पाटन स्वास्थ्य विज्ञान प्रतिष्ठान सेवा आयोग

प्राविधिक सेवा, नर्सिङ्ग समूह, तह ९(क) नर्सिङ्ग सुपरभारजर पदको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

Paper II: Technical Subject Section (A) - 45 Marks (1 critical analysis Q -15 mark + 3 long Q- 30 marks)

- 1. Nursing: history, principle, trend and issues in nursing
- 2. Use of nursing theories in nursing practice
- 3. Use of nursing process and utilization of evidence based nursing practice
- 4. Methods of nursing professional empowerment using Leadership
- 5. Public relation in Nursing
- 6. Nursing personnel management
- 7. Risk management in nursing
- 8. Disaster/mass causality management
- 9. Problem and stress management in nursing
- 10. Job description of various categories of nursing personnel
- 11. In-service education: component, Process
- 12. Continuous Professional Development
- 13. Education (Health Education):
 - 13.1 Identification of learning need of personnel
 - 13.2 Planning of short and long term educational programme in nursing
 - 13.3 Implementation of educational programme.
 - 13.4 Monitoring supervision of educational programme.
 - 13.5 Evaluation of short term and long term educational programme
 - 13.6 The educational programme for clients, family and community.
- 14. Recording and Reporting
 - 14.1 Nursing staff, Leaves confidential report
 - 14.2 Hospital record
 - 14.3 In-service education, research activities
 - 14.4 Infection control nursing service activities
 - 14.5 Inventories
 - 14.6 Attendance
- 15. Nursing Research
 - 15.1 Purpose of nursing research
 - 15.2 Scope of Nursing research
 - 15.3 Area/elements of Nursing research
 - 15.4 Components and research proposal
 - 15.5 Utilization of research findings

Section (B) - 55 Marks

(1 critical analysis Q -15 marks + 4 long Q -40 marks)

16. General health problems related to each body system throughout life term

- 16.1 New born
- 16.2 Infant
- 16.3 Toddler
- 16.4 School Children
- 16.5 Adolescence reproductive health
- 16.6 Young adult hood
- 16.7 Middle adult hood
- 16.8 Elderly

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- 17. Reproductive health
 - 17.1 Components of reproductive health
 - 17.2 Reproductive health act, policy, strategies
 - 17.3 Antenatal, Intra natal, Post natal care
 - 17.4 Abortion: Comprehensive abortion care, Post abortion care, Legalization of abortion, Safe abortion policies and strategies
 - 17.5 Gender mainstreaming in health
- 18. Indicators
 - 18.1 Health indicators
 - 18.2 Demography/Socio-cultural
 - 18.3 Reproductive health indicators
 - 18.4 Population Dynamic
- 19. Common mental health problems in Nepal
 - 19.1 Trend and issues related to psychiatry care and treatment
 - 19.2 Mental health policies and act
 - 19.3 Preventive, Promotive and Rehabilitative aspect

Following pattern will be used for formation of paper I & II as far as possible.

Paper I				
Part	Section	Weightage	No. Questions & Weightage	
			Objective Multiple Choice	Subjective
Ι	Α	20		2 Questions x 10 Mark = 20
	В	30	Λ^{\uparrow}	3 Questions x 10 Mark = 30
II	С	25	25 Questions x 1 Mark = 25	
	D	25	25 Questions x 1 Mark = 25	
Paper II				
Section		Weightage	No. Questions & Weightage	
			Long answer	Critical Analysis
А		45	3 Questions x 10 Mark = 30	1 Questions x 15 Mark = 15
В		55	4 Questions x 10 Mark = 40	1 Questions x 15 Mark = 15

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